



University Of Mysore

M.M.K.&S.D.M.Mahila Maha Vidyalaya

Krishnamurthypuram Mysore.-570004

National Service Scheme Unit

ANNUAL Special camp -2022-2023

Place: Koodanahally

Date-18-06-2023 to 24-06-2023


- 1. Program title:** Special session on "Mental Health- Life Management- Life Values."
- 2. Date:** 20/6/2023
- 3. Time:** 6:30 Am.
- 4. Organized by Department:** NSS Unit
- 5. Resource Person/Guest:** Dr. Manjunath Asst. Prof. Department of Studies and Research in Psychology KSOU Mysore and Dr. Y P Chandrasheker, Assistant Professor Department of Studies and Research of Geography, KSOU Mysore.
- 6. Venue:** Near Milk Dairy, Kudanahalli Village, and Mysore.
- 7. Total no. Of participants/ Beneficiaries:** 58
- 8. Objective:**
 - The objective was to raise awareness about the importance of water conservation and its vital role in sustainable living.
 - To encourage the volunteers to prioritize their mental well-being and make positive changes in their lifestyle.

9. Programmed Details:

In the evening, we were fortunate to have a guest speaker Dr. Manjunath Asst. Prof. Department of Studies and Research in Psychology KSOU Mysore, On the Topic "Mental Health- Life Management- Life Values."

It was a resounding success, attracting active participation from the audience. The valuable insights and practical tips shared by the speaker left a lasting impact on the attendees, encouraging them to prioritize their mental well-being and make positive changes in their lifestyle.

Another Guest Speaker Dr. Y P Chandrasheker, Assistant Professor Department of Studies and Research of Geography, KSOU Mysore. On topic "Human and water Conservation"


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10. Outcome/Conclusion: Improved Communication Skills:

- Enhanced personal well-being.
- Effective life management
- Protecting ecosystems



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MMK AND SDM MMV
NSS ANNUAL SPECIAL CAMP 2022-23 KOODANAHALLI

ಅಜ್ಜಿ ಅಮ್ಮನಿಗೆ ಕಾರ್ಯಕ್ರಮ

SL NO	NAME	SIGN
1	ಕುಮಾರ್	ಕುಮಾರ್
2	ಮಾಣಿಕ್ಯ	ಮಾಣಿಕ್ಯ
3	ಶಾನ್ವಿ	ಶಾನ್ವಿ
4	ರಾಜ	ರಾಜ
5	ಪುಷ್ಪಾ	ಪುಷ್ಪಾ
6	ಅರುಣ್ ಕೆ.ವಿ	ಕೆ.ವಿ. ಅರುಣ್
7	ಅಕ್ಷಯ	ಅಕ್ಷಯ
8	ನಿಖಿಲ್	ನಿಖಿಲ್
9	ಸಿದ್ಧಾಂತ	ಸಿದ್ಧಾಂತ
10	ವಿಜಯ	ವಿಜಯ
11	ನಾಜ್	ನಾಜ್
12	ಕುಮಾರ್	ಕುಮಾರ್
13	ರಂಜನ್	ರಂಜನ್
14	ಅಂಜನ	ಅಂಜನ
15	ಮಾಧವ್ .S	ಮಾಧವ್ .S
16	ಬಸವಣ್ಣ	ಬಸವಣ್ಣ
17	ಶಿವಶಂಕರ್	ಶಿವಶಂಕರ್
18	ಅಲಮ್	ಅಲಮ್
19	K.P. ಮಂಜು	K.P. ಮಂಜು
20	K.M. ಬಸವಣ್ಣ	K.M. ಬಸವಣ್ಣ
21	ಬಸವಣ್ಣ	ಬಸವಣ್ಣ

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UNIVERSITY OF MYSORE



NATIONAL SERVICE SCHEME

SPECIAL CAMPING PROGRAMME PARTICIPANTS LIST

College Address: MMK and SDM Mahila Maha Vidyalaya Krishnamurthypuram Mysore
Camp Place: KoodanaHally, Mysore Talok Date: 18-06-2023 to 24-06-2023

Sl. No.	Name of the Volunteer (In Capital letters)	Class	Category	Signature Of The Students
1	RADHIKA N	I BSC BMBT	III A	Radhika N
2	CHANDANA K	I BSC BMBT	ST	Chandana K
3	HITHA S	I BSC BMBT	III B	Hitha S
4	RUCHITA R	I BSC	III B	Ruchita R
5	SPOORTHI S	I BSC	III B	Spoorthi S
6	PRAMILA	I BSC	GM	PrAMILA
7	POOJA H R	I BCA	III A	Pooja H R
8	PRIYA P	I BCA	III A	Priya P
9	AISHWARYA P	I BCA	II A	Aishwarya P
10	SHAMBHAVI N	I BCA	III B	Shambhavi N
11	SINCHANA H M	I BCA	III A	Sinchana H M
12	GAYATHRI N	I BCA	II A	Gayathri N
13	GAGANA K	I BCA	II A	Gagana K
14	AISHWARYA N	I BCA	III B	Aishwarya N
15	AISHWARYA K	I BCA	II A	Aishwarya K
16	ABHILASHA H S	I BCA	III B	Abhilasha H S
17	LAKSHMI B	I BCA	II A	Lakshmi B
18	NAMRATHA PRASAD	I BCA	III B	Namratha Prasad
19	KAVYA B M	I BCOM 'A'	II A	Kavya B.M
20	BHOOMIKA B M	I BCOM 'A'	III B	Bhoomika B.M
21	NISARGA MAHESH	I BCOM 'B'	III B	Nisarga Mahesh
22	SINCHANA D	I BCOM 'B'	SC	Sinchana D
23	CHAITRA K N	I BCOM 'B'	II A	Chaitra K N
24	SOWPARNIKA S	I BCOM 'B'	GM	Sowparnika S
25	ANKITHA S	I BCOM 'B'	II A	Ankitha S
26	KEERTHANA PALLAD	I BCOM 'B'	III B	Keerthana Pallad
27	MEGHANA A	I BCOM 'B'	II A	Meghana A
28	THASHVI GANGAMMA K C	I BBA	III A	Thashvi Gangamma K C
29	SINCHANA MUTHAMMA K G	I BBA	III A	Sinchana Muthamma K G
30	PRATHIKSHA P	I BBA	OBC	Prathiksha P
31	RIYA U R	II BSC EMCs	III A	Riya U R
32	NISARGA R	II BSC BMBT	III A	Nisarga R

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MMK & SDM Mahila Maha Vidyalaya
KoodanaHally, Mysore Talok

33	PRATHIKSHA H G	II BSC BMBT	III B	Prathiksha
34	PRIYANKA U	II BSC BMBT	II A	Priyanka U
35	SAHANA H S	II BSC BMBT	III A	Sahana
36	ANANYA URS B	II BCA	II A	Ananya URS B
37	BHRAMARA H R	II BCA	III A	Bhramara H R
38	HARSHITHA S	II BCA	III A	Harshitha S
39	SHAMBHAVI M N	II BCA	III A	Shambhavi M N
40	DARSHINI C	II BCA	III B	Darshini C
41	ANJALI R	II BCA	II A	Anjali R
42	RAGHAVI H	II BCA	III A	Raghavi H
43	REKHA KUMARI	II BCA	III B	Rekha Kumari
44	NISARGA B	II BCA	OBC	Nisarga B
45	SUCHITHRA H N	II BCA	II A	Suchithra H N
46	CHANDANA C N	II BCA	III A	Chandana C N
47	BHARATHI R	II BBA	III B	Bharathi R
48	PRERANA A	II BBA	ST	Prerana A
49	MONISHA U	II BBA	OBC	Monisha U
50	INCHARA R	II BBA	OBC	Inchara R
51	DEEPTHI S R	II BBA	II A	Deepthi S R
52	SUCHITHRA V	II BBA	III B	Suchithra V
53	N ARCHANA	II BBA	SC	N Archana
54	MARUTI PRASANNA B N	III BBA	SC	Maruti Prasanna B N
55	SANTHOSH D H	Programme Officer	OBC	Santhosh D H
56	ANITHA JAYARAM	Asst. Camp Officer	OBC	Anitha Jayaram
57	SUPRADA JAIN	Asst. Camp Officer	SC	Suprada Jain
58	BHARGHAVI	Asst. Camp Officer	II B	Bharghavi

Total No. of NSS Students:

Male	Female	Total	SC		ST		OBC		Minority	
			Male	Female	Male	Female	Male	Female	Male	Female
02	55	57	---	05	---	02	02	45	---	01

(Signature)

B.N. Maruti Prasanna
(NSS Prog. Officer)
N.S.S PROGRAMME OFFICER
WPK & SDM Mahila Maha Vidyalaya
Krihanamurthypuram, MYSORE - 570004

(Signature)

Prof. Sainath Malligemaadu
(Principal)
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